



# 香港工業安全協會

## HONG KONG INDUSTRIAL SAFETY ASSOCIATION

香港理工大學工業中心，職業及環境安全組，W502室轉交香港工業安全協會  
c/o The OES Unit, W502, Industrial Centre, The Hong Kong Polytechnic University, Hung Hom, Hong Kong  
28 / 07 / 2016

### CPD Seminar for Common Musculoskeletal Disorder in Construction Field and Medical Claim Process (工程人員常見痛症成因與預防，醫療費用及索償程序)

- Date** 31 August 2016 (Wed)
- Time** 0700 pm – 0930 pm, (Registration starts at 6:30pm)
- Venue** **Room Y305** The Hong Kong Polytechnic University, Hunghom, Kowloon
- Content** Engineers sometimes require prolong sitting or walking. Even in optimal posture, long working hours cause chronic spinal problems like neck and back pain. In this seminar, Mr. AU-YEUNG will discuss the simple biomechanics of human spine, some possible causes of pain that often seen in engineers, how to apply prevention and some simple exercises.
- Organiser** Hong Kong Industrial Safety Association (**HKISA**)
- Co-Organiser** Industrial Centre – The Hong Kong Polytechnic University (**IC**)  
The Hong Kong Polytechnic University Industrial Centre Safety Course Alumni Association (**ICSCAA**)
- Supporting organizations** Dept. of Building & Real Estate – HK PolyU (BRE)  
The Hong Kong Federation of Occupational Safety and Health Associations (FOSHA)  
Royal Institution of Chartered Surveyors (RICS)  
Australian Institute of Building (AIB)  
The Hong Kong Institution of Engineering Surveyors (HKIES)  
Chartered Institution of Civil Engineering Surveyors (ICES)  
Asian Institute of Building (AIOB)  
Society of Registered Safety Officers (SRSO)  
The Society of Environmental Engineers (SEE)  
Chartered Association of Building Engineers (CABE)  
The Hong Kong Institute of Clerks of Works (HKICW)  
Plumbing Technology Student Association (PTSA)
- Speaker** Mr. Mike Au-Yeung  
Registered Physiotherapist and Director of Action Physiotherapy Clinic
- Medium** Cantonese with English terminology
- Certificate** Attendance Certificate with **2.5 CPD** hours will be granted after the completion of seminar.
- Fee** **Free of Charge** for HKISA and supporting organizations.  
Non-members are also welcome to attend subject to the seats available
- Online Registration** <http://regonline.activeeurope.com/safetyseminar20160831>

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